

AN INTEGRATED HEALTHCARE SOLUTION IN YOUR POCKET

Our Vitality GP app enhances the speed, access, and efficiency you have to all our healthcare services. The app ensures your entire journey from diagnosis to treatment and recovery can be seamlessly coordinated.



Access to a GP at a time and place that suits you. Using our Vitality GP app¹ you'll be able to talk directly to a Vitality GP and have a private GP video appointment ². The GP can also authorise most treatment with fast consultant referrals.



Self-referral to our Priority Physio* service, with access to over 7,000 accredited and peer reviewed practitioners conveniently located across the UK.



Register for Big White Wall, our award-winning provider of online mental health services.



Up to £100 allowance which can be used towards private prescriptions and minor diagnostic tests.



Access your Vitality Member Zone for information on claims and plan information.



Get assistance and information about any symptoms via trusted websites and partners.

MEMBERS PRIORITISE FAST ACCESS TO COMPREHENSIVE HEALTHCARE WHEN THEY NEED IT



Average waiting time for a routine NHS appointment³



Percentage of people willing to receive advice from their GP through their smartphones and tablets⁴



Number of Vitality GP appointments per day⁵



Vitality members that would recommend Vitality GP⁵

INTRODUCING VITALITY FACE-TO-FACE GP

We understand that there will be cases when a virtual consultation with a GP isn't appropriate. Face-to-Face GP enables every member to access at least two consultations per plan year from Vitality's network of private GPs in the London area for only £20 per consultation.^

- 1. The Vitality GP app will be available to download on Apple (iOS 8 and above) and Android (5.0 and above) only.
- 2. The video consultation service is available from 0800 1900 Monday Friday and 0900 1300 Saturdays, excluding Bank Holidays.
- $3. \ http://www.pulsetoday.co.uk/your-practice/access/average-waiting-time-for-gp-appointment-increases-30-in-a-year/20032025.article$
- 4. http://pwc.blogs.com/press_room/2016/02/the-doctor-will-it-you-now-4-in-10-willing-to-consult-virtual-gps-through-apps-uk-wide-study-finds.html
- 5. Vitality Data 2016/17
- * Subject to the Out-patient Cover option being included in your plan.
- ^ Personal Healthcare and Business Healthcare members on London Care have unlimited access to Vitality Face-to-Face GP. All other members have access to two discounted consultations per plan year.

FIND OUT MORE

Speak to your adviser or visit vitality.co.uk