



0345 602 3437

Lines open: 8am to 7pm Mon to Fri and 9am to 1pm Sat  
www.vitality.co.uk/member/login

## SUMMARY OF BENEFITS

Employee & All Dependants	
Hospital Option	Consultant Select*
Underwriting	MHD (Medical History Disregarded)
Underwriting: Mid-term Joiners	MHD (Medical History Disregarded)
Excess Type	Per person per plan year
Excess Amount	£100
Health Partners**	Included
Primary Care Benefit***	Included
In-patient and day-patient cover including hospital fees, consultants' fees and diagnostic tests	Full Cover
Diagnostic scans- MRI, CT and PET scans	Full cover
Cancer Cover	Advanced Cancer Cover (previously Extended Cancer Cover)
Out-Patient Cover	Included to a limit of £2,000
Out-Patient Diagnostics such as blood tests, x-rays, radiology and pathology	Included within Out-patient Cover Limit
Therapies Cover	Included to a limit of £250
Talking Therapies	A minimum of 8 sessions
In-patient and Day-patient Mental Health Cover	Included to a limit of 28 Days
Out-patient Mental Health Cover	Included to a limit of £2,000
NHS Hospital Cash Benefit	£100 each night to a limit of £3,500 and £50 each day to a limit of £500
Home Nursing	Included to a limit of £2,000
Private Ambulance	Full Cover
Parent Accommodation	Included for children 16 years and under
Pregnancy and Childbirth	Specified pregnancy complications included
Caesarean sections	Up to £5,000 in specified circumstances
Childbirth Cash Benefit	£100 for each child
Rehabilitation	Up to 21 Days

**\*CONSULTANT SELECT:** Under our Consultant Select option, our consultant panel will choose a consultant for a member based entirely on their medical needs. The consultant will choose the most appropriate hospital for their treatment. We will only pay for treatment that we have authorised in advance.

**\*\*HEALTH PARTNERS:** Your employees will have access to our health partners which will help them to understand their health and get active. If you wish your employees to have access to our reward partners by adding Vitality Plus to your plan, please contact your account manager or speak to your adviser. A list of our health and reward partners can be found in the following table.

**\*\*\*PRIMARY CARE BENEFIT:** Up to 4 video consultations with a Vitality GP and 24 hour telephone access for advice only through the medical helpline (members with Consultant Select have no limit for video consultations). Up to 2 face-to-face consultations with a private GP on Vitality's Private GP network for only £20 per consultation. Up to £100 for investigations and eligible private prescriptions when referred or prescribed by a Vitality GP.

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