



TAILOR MADE HEALTH SCREENING

FAQs

Are the Health Screenings confidential?

Yes. Your results are confidential and will only be provided to you.

Where will my screening take place?

For your convenience Bluecrest offers over 1,762 clinics across the UK.

How do I arrange a Health Screen?

Each year you will receive an email from Bluecrest inviting you to arrange your Health Screen. You will be sent a link to an online booking system where you'll complete a short questionnaire in order to tailor your tests accordingly. If you so wish at this point, you can also speak with one of our GPs about the tests being recommended for you.

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What happens during my Health Screening?

At your Bluecrest health check, you can expect a professional, reliable, private and confidential experience. After signing in at a reception area, you will be invited into a private consulting room where staff will take your measurements, blood pressure, a blood sample, and they may also perform an ECG. You can rest assured that your tests are painless and you don't even need to remove any clothing.

What do I need to do before Screening?

Your screening includes some tests that can be affected by food. We therefore recommend for the most accurate readings you don't eat any food for at least 4 hours (8 if possible) before your appointment. If you must eat during this time, some dry toast would be best.

How long does it take?

We advise to allow around 40 minutes for your check. More time is spent after your appointment when our cardiac specialists will check your heart readings and our laboratory will analyse your blood. Once all your results are collated we will post your detailed report explaining everything with advice written by our chief medical advisor.

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Screening Process

What happens if I need to change or cancel my appointment?

Please ensure you check your availability before confirming the date of your Health Screen. Bluecrest will always be pleased to rearrange appointment dates and times, however if you fail to attend on the day, they cannot guarantee being able to accommodate you on a future date.

Can I access my comprehensive report online?

Yes, as well as receiving a high quality hard copy of your report, you will also be able to access it securely online anywhere or any time where you have access to an internet connection.

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